



INT. MITSUYA-KAI
SPRING CAMP
MAY 10TH- 13TH 2018
GERMANY

MITSUYA-KAI International
Karate-Do & Kobu-Do





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Spring Camp Schedule 10.-13.05.2018								
Time	Thursday 10.05.		Friday 11.05.		Saturday 12.05.		Sunday 13.05.	
	Hall 1	Hall 2	Hall 1	Hall 2	Hall 1	Hall 2	Hall 1	Hall 2
09.00-10.00	free warm up		free warm up		free warm up		free warm up	
10.00-11.00	Mimmo Kihon & Ippon-Kumite		Mimmo Sanbon & Jiyu-Kumite		Mimmo Karate Kata Hei-an 1-5 + practice		Mimmo Tonfa Kata	
11.00-12.00	Karate for all	SOUKE minigroup	Karate for all	SOUKE minigroup	SOUKE Kobudo Bo Kata		SOUKE Kobudo Bo 12 Kihon	
12.00-13.00	Karate for all	SOUKE minigroup	Karate for all	SOUKE minigroup	SOUKE Karate Jiyu-Kumite (free fight)		SOUKE Karate Kata Bassai-dai + practice	
16.00-17.00	Mimmo Karate Kata Shisochin + practice		Mimmo Karate Kata Jitte + practice		Mimmo Kobudo Kata Shodan-no-bo		Exams Kyu und Dan Karate & Kobudo from 14:00 (2 pm)	
17.00-18.00	Karate for all	SOUKE minigroup	Karate for all	SOUKE minigroup	SOUKE Kobudo Kumi-Bo			
18.00-19.00	Karate for all	SOUKE minigroup	Karate for all	SOUKE minigroup	SOUKE Karate Kata Seienchin + practice			
	All	All	All	All	All	All		

Fees:

Adults:

Complete Camp	160,- €
Trainings Unit Thu+Fri (1h)	12,- €
Trainings Unit Sat+Sun (1h)	20,- €

Children, Youngster until 18 and Students:

Complete Camp:	130,- €
Trainings Unit Thu+Fri (1h)	10,- €
Trainings Unit Sat+Sun (1h)	15,- €

Minigroups will be organized separately.

Family ticket (complete Camp) 260,-€

Karl-Nusser-Halle in Marbach

*Kernerstraße 36, 71672 Marbach am Neckar
 (Stuttgart, Germany)*

MITSUYA KAI International
 Karate-Do & Kobudo

Organizer: KHS e.V. – MITSUYA-KAI Deutschland

Original Hayashi-Ha Karate-Do & Kobu-Do | Kirchstr. 2 | 74369 Löchgau